

# State Legislative & Policy Update

#### PRESENTER Brian Henderson

Director, State Government Affairs Hart Health Strategies

# **Utilization Management Reform**



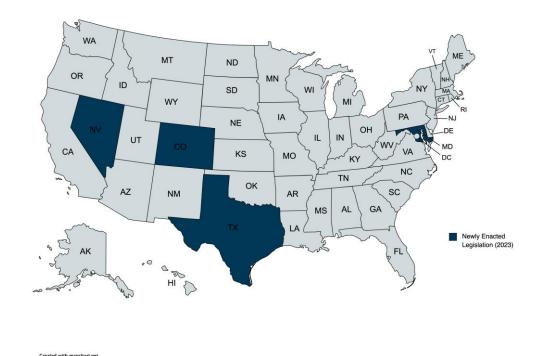
## Step Therapy

Generally

- Provider can override a step therapy protocol under certain circumstances
- 24/72 hour determination timeframe (varies)
- Minimum evidentiary standard for creating a protocol

Key Challenges

- Awareness, use, application
  - CSRO Resources
  - New Education Campaigns
  - Interaction between

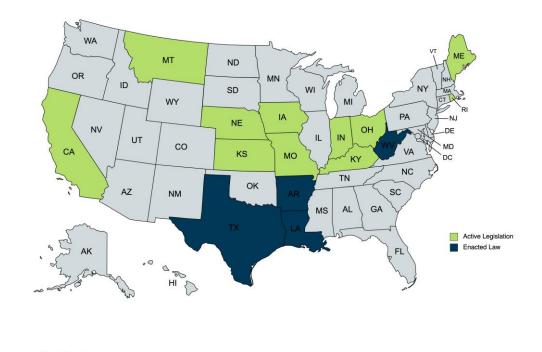




#### **Prior Authorization – Gold Cards**

#### • In general:

- Exempts physicians from prior authorization requirements for a *specific service* if a certain percentage of authorizations are approved (80-95%) for that service, for that insurer or health maintenance organization
- Requires peer to peer consultation prior to issuing a denial
- Appeals process for inappropriate denial of exemption
- Prohibition on retroactive claw backs on exempted physician services except in case of fraud

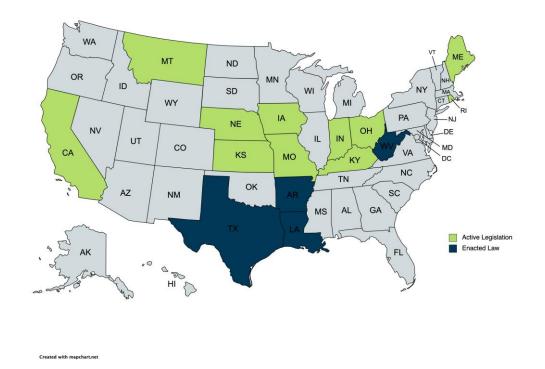




#### **Prior Authorization – Gold Cards**

Qualifying for an exemption:

- Initial determination: All requests analyzed, but no fewer than five
- Re-evaluation: Random sample of 5 20 requests from prior 6 months
- One provider cannot rely on another provider's exemption
- Consideration of practice level vs. individual physician or service grouping instead of individual service
  - Exemption based on drug class or by indication?





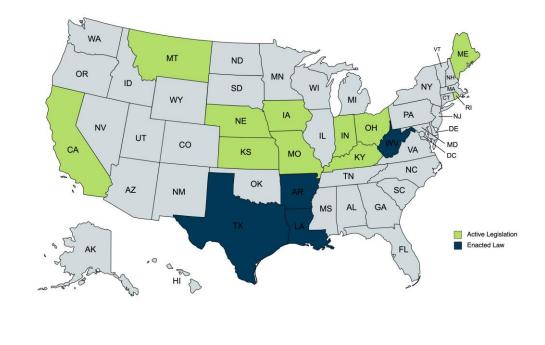
### Prior Authorization – Gold Cards

CSRO Survey (TX):

- 88% did not receive any exemption
- Of those receiving an exemption:
  - 3/7: Did reduce burden
  - 3/7: Did not reduce burden
  - 1/7: Somewhat reduced burden
  - 4/7: keeping track of exemptions was itself burdensome
  - 7/7 lack of clarity on whether non-prior authorization utilization management was still required.

Key Challenges:

- Treatment interval, variety, volume
- Variety of insurers
- Tracking exemptions
- Concurrent utilization management requirements (step therapy)

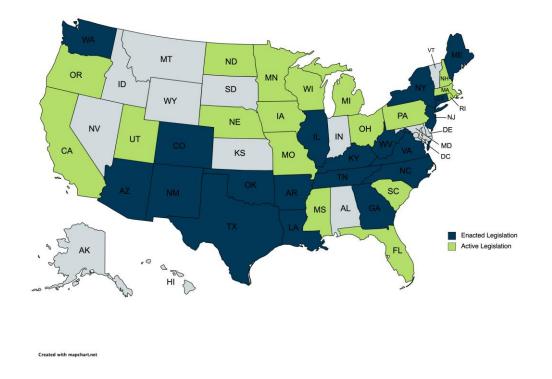


Celebrating **20 years** of serving as a **voice for the rheumatology community**, working to ensure patients have access to care.

### The War on Copay & Other Assistance

Accumulator Adjustment Programs:

- Payers: Not counting third party assistance towards a patient's deductible
- Key Challenges:
  - Patient OOP increases
  - Non-medical switching
- Policy:
  - Require insurers to count third party payments towards patient deductibles and other OOP obligations
  - Carveout for generics/interchangeable biosimilars
  - Carveout for HSS eligible HDHPs





## The War on Copay & Other Assistance

Maximizer Programs:

- Payers:
  - Ascertaining amount of copay assistance available
  - Altering patient benefits to conform to available assistance
  - Distributing new cost sharing obligations over the year
- Key Challenges:
  - Avoids copay "surprise"
  - Challenges sustainability of assistance programs
  - Increased patient OOP costs
- Policy:

8

• Must close federal loophole, potential state level activity to fix

## The War on Copay & Other Assistance

Alternative Funding Programs:

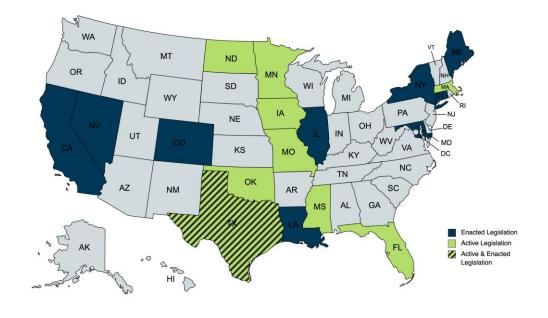
- Third Party Administrators:
  - Employer: carves out specialty drug(s) from coverage under plan
  - Third Party Administrators: apply for manufacturer or charitable foundation assistance to cover drug costs
  - Patient: may or may not receive assistance to cover drug cost
- Key Challenges:
  - Patient access/ OOP costs
  - Challenges sustainability of assistance programs
  - Drug importation
- Policy:

9

- Potential legislation to prevent spillover of these programs
- TX HB 4800 allowing Alternative Funding programs

### **Non-medical Switching**

- Two policies:
  - Year-over-year (Grandfathering)
  - Mid-year switching protection



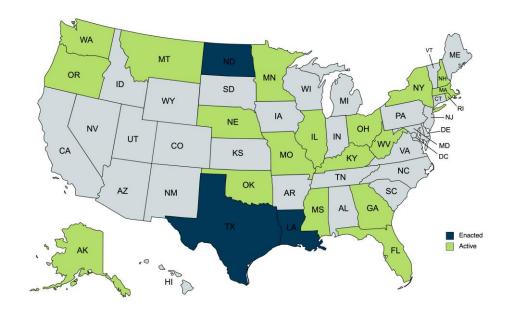
reated with mapchart.ne



• Three main types of bills:

12

- Safety and logistics guidelines
- Protecting patient choice of provider, coverage, and OOP costs
- Patient choice, coverage, OOP costs, authorization for service, provider reimbursement, prohibition on requirement to dispense from a selected pharmacy

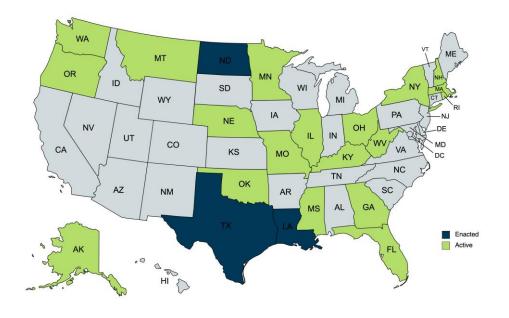


Created with mapchart.r



Two new wins!

- North Dakota
- Texas:
  - Excludes hospitals
  - Prohibits switching from medical benefit to pharmacy benefit



CSRO

Created with manchart.ne

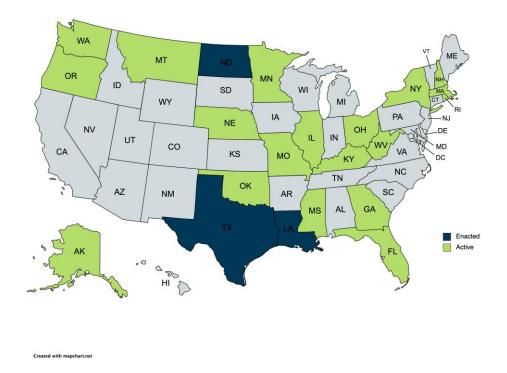
Additional policy evolutions: New Hampshire:

 Reimbursement consistent with "similarly situated" network participants

Oregon:

14

 Choice between participating as a specialty pharmacy or accepting white bagging





# **PBM Reform**

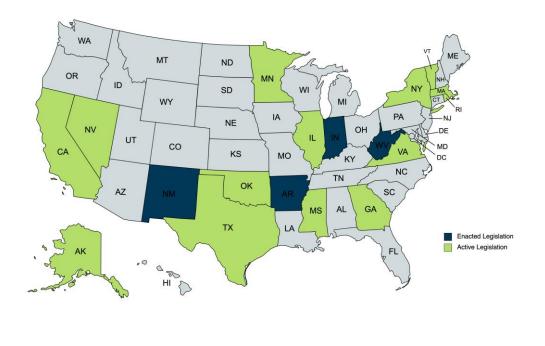




### Rebate Pass Through

#### Policy:

- Patient cost shares reduced by percentage of rebates received in conjunction with their utilization (50 -100%)
- Some legislation only requires pass through of rebates to plan sponsor/insurer



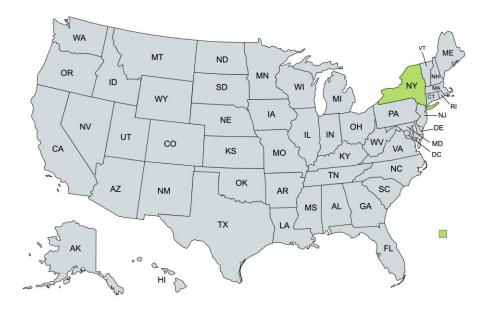
Celebrating **20 years** of serving as a **voice for the rheumatology community**, working to ensure patients have access to care.

#### Transparency

New Policy Evolution:

- Legislation to extend transparency to PBM affiliated/owned organizations
- Rebate aggregators

17





# Biosimilars

18

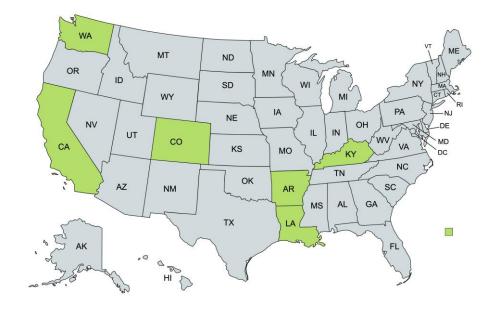


#### **Biosimilars**

Step Therapy

19

- Allow insurer to require trial and failure of a non-interchangeable biosimilar product even when patient qualifies for an exception (stable provision)
- Pharmacy Level Substitution
  - Allow pharmacist to substitute noninterchangeable product
- Eliminate separate designations (Federal)
  - Automatically confer interchangeability status to all biosimilars



CSRO

# **Drug Affordability**

20



### Drug Affordability Boards

#### • Upper Price Limit

• Limitation on both purchase and reimbursement for a prescription drug

#### Maximum Fair Price

- State imports MFP negotiated by federal government
- Provider cannot seek reimbursement at a rate higher than the MFP
- MFP *does not* include administration payment



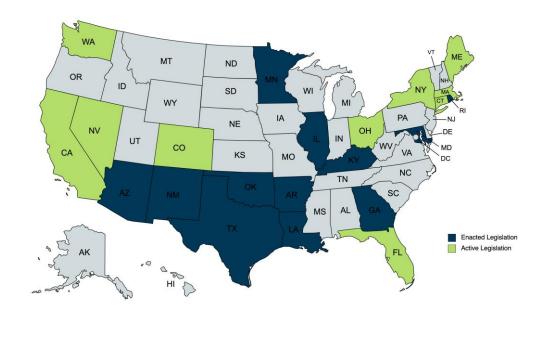
# **Biomarker Testing**





## **Biomarker Testing**

- Coverage of a biomarker test required under certain circumstances:
  - $\circ~$  CMS or MAC NCD or LCA
  - Nationally recognized clinical practice guidelines
  - Labeled indications



CSRO

eated with mapchart.n