

Supporting Information for Step Therapy Exception Request

Pursuant to Maryland [Insurance Article §15-142](#)

Pursuant to Maryland [Insurance Article §15-142](#), the patient qualifies for an exception to the step therapy protocol because any **one** of the following conditions has been met:

- The required drug has not been approved by the FDA for the condition being treated
- A prescription drug covered by the plan was ordered for the patient within the past 180 days, and based on the prescriber's judgement it was effective in treating the disease or condition.
- The required drug is contraindicated
- The required drug will likely cause an adverse reaction
- The required drug is expected to be ineffective based on the known clinical characteristics of the patient and drug regiment
- The patient tried and failed a drug in the same pharmacologic class or with the same mechanism of action as the required drug and it was discontinued due to lack of efficacy or effectiveness, diminished effect, or an adverse event while under their current or any preceding source of coverage
- The patient is stable on a prescription drug other than the required drug

Rationale for Request

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Signature:

Date:

Attn: Department of Insurance

Fax: 410-468-2270 / Complaint:

<https://enterprise.insurance.maryland.gov/consumer/ConsumerPortalWelcomePage.aspx>