

Supporting Information for Step Therapy Exception Request

Pursuant to North Carolina General Statutes [§58-3-221](#)

Determination required within:

- 24 hours (urgent)
- 72 hours

Pursuant to North Carolina General Statutes [§58-3-221](#), the patient qualifies for an exception to the step therapy protocol because any **one** of the following conditions has been met:

- The patient has tried the required drug while covered by a current or previous health benefit plan.
- The required drug has been ineffective.
- The required drug causes or is expected to cause a harmful or adverse clinical reaction.
- The patient has previously tried the drug or device, and it has been detrimental to the patient's health or has been ineffective in treating the condition, and is likely to be detrimental or ineffective again.

Rationale for Request

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Signature:

Date:

Attn: Department of Insurance

Contact: <https://www.ncdoi.gov/contact-ncdoi> / Complaint: <https://www.ncdoi.gov/assistance-or-file-complaint>